

Parent and Child Consultations

Keeping Children in Mind—in Family Dispute Resolution

The many stresses at separation can present a challenge for parents making important decisions for their children. Children show their needs at this time in different ways that can be difficult to understand, especially when conflict is present, when the children have become stressed or when children are too young to tell you how they feel.

Choosing to speak with a trained child consultant helps parents to focus on and prepare for discussions about their children.

Parent and Child Consultations

Consultations with a Child and Family Consultant can be arranged at any stage in the family dispute resolution process. Any family member with a special relationship to the child can speak with a child consultant.



A Child and Family Consultant is different to a counsellor.

The focus of discussion is the children, taking into account their developmental stage, their specific family circumstances and what children need from each of their parents while navigating changes in their family.

Discuss this service option at your next appointment.

Can children have a voice?



Children that are of school age, often find it helpful to have their voice heard by a child consultant whose role it is to then speak with their parents about how they are responding to the changes in their family. Feedback to parents from the consultant about what their children are experiencing can help parents create a successful co-parenting plan.

- Both parents must give consent for their children to speak with a child consultant.
- Children are never asked to make decisions about their care.

Information can be obtained from practitioners at Ringwood Family Relationship Centre
Phone 03 9871 6300 or 1300 00EACH (1300 003224)